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GRANITE ASSOCIATION OF EDUCATIONAL OFFICE PROFESSIONALS ELEMENTARY · DISTRICT · SECONDARY

October 2020

Mission Statement

The purpose of the Granite Association of Educational Office Professionals shall be to provide opportunities for personal and professional growth, leadership, service, networking and recognition to all educational office professionals.

> GAEOP is an affiliate of the National Association of Educational Office Professionals

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up for homeschooling! Wait, you didn't sign up for this? Well, thanks to 2020, the decision was made for you! Homeschooling may not be true for everyone, but it is a reality for many.

Jon Acuff is the New York Times Bestselling author of six books including his most recent Wall Street Journal #1 Bestseller, "Finish: Give yourself the gift of done". He recently released a YouTube video about surviving virtual school. With his permission, I have attached the link to his video in this article, but I wanted to touch on the seven ways he describes how to survive. Watch the video to get the full affect and explanation. You will not be disappointed.

- Expect stress It's inevitable 1.
- 2. Make your kids move - moving makes them more productive throughout the day
- 3. Invest in blue light blocking glasses -Amazon stocks them
- 4. Boost your Wi-Fi signal - Absolute must when you have a neighborhood with 1,000 plus kids
- 5. Give teachers and Administration some grace – they will need it
- 6. Print and hang the kids schedule – this will help to not interrupt their class time in the kitchen
- 7. Cut your kids some slack, they will make mistakes just like we will

To see Jon Acuff's video in its entirety click the link below.

https://youtu.be/ kR602g0ucaA



Teresa's Tidbits

GAEOP President's Message

Congratulations – You are signed As I was preparing to go see my granddaughter for her second birthday, I was looking at activities we can start doing with her. Below are a few fun things I found that you might find fun to do with your kiddos during the fall season. I absolutely love this time of year.

> Visit a petting zoo Make a pinecone bird feeder *Collect pinecones and display them in a bowl* Attend a fall festival (if available) Have a picnic Make a scarecrow Jump into a leaf pile Collect colorful leaves and press into an album Take a hay ride Do a hopscotch activity in the driveway Build a bonfire and roast marshmallows

I'm sure there are plenty of other things you have found to do as well. Whatever it is, have fun doing it and spend as much time as possible with family. The past few months have taught us to cherish those moments.

Continue to "Bloom Where You Are Planted"

Teresa Hímmelberger, CEOE GAEOP President





Office Professional Spotlight

Spotlight Submitted by Jessica Inman, Newsletter Committee

Sheila Pea-Hunter Elementary



Sheila is the new Principal's Secretary at Hunter Elementary and is excited for the new adventure. She previously worked at Hunter Elementary as a Para Educator. She has been married for 41 years and has six

children and 12 grandchildren whom she loves spending time with. She loves watching sports and has done so for over 20 years with her children in Granite and looks forward to watching her grandchildren play. She loves to read a good book when she can.

Jessica Padmos-West Valley Elementary



Jessica is the Principal's Secretary at West Valley Elementary. After the first year at the school, she fell in love with the school, teaching staff, administrative team, and students! She has also been a part of a hospitality team at her

church Mission Dei SLC for the past six years. She has a HUGE love of the marvel universe both comics and movies. She has a wonderful husband and a four year old daughter which she loves spending time with on adventures.

Tara Nelson-Silver Hills Elementary



Tara is the Principal's Secretary at Silver Hills Elementary, and she LOVES it! She loves working with all the patrons and getting to know their families. She has been married for 24 years and has a 20 year old daughter and an 18

year old son. She also has a "zoo" at her house, which consists of one dog, three indoor cats, six outdoor feral cats that have adopted the family and three birds. She loves to read, listen to music, and hang out with her family and her fur/feather babies.

New/Renew GAEOP Members

Submitted by Brooke Obray, Membership Chairman

How do you get your name on the GAEOP membership list? (details on page 6) Come join the family!

Kristina Barr	Bonneville Jr.
Karen Elkins	Western Hills Elementary
Janene Fordham	Accounting
Tammy Gibb	Lincoln Elementary
Brenda Harris	Redwood Elementary
Anna Lemus	West Lake Stem
Donna Leppink	Fremont Elementary
Dena Loveless	Gourley Elementary
Viridiana Mendoza	Academy Park Elementary
Kim Wolfenbarger	Eastwood Elementary



Fun Facts - Did you Know?

Submitted by Teresa Himmelberger, CEOE, Newsletter Editor

Video games help surgeons perform better

According to a 2007 study, surgeons who play certain <u>video</u> <u>games</u> at least 3 hours a week performed 27% faster with 37% less errors during surgery.

People do not sneeze in their sleep

While asleep, humans are actually more prone to sneezing because the mucous membranes swell when lying down. However, the brain shuts down the neuroreceptors that stimulates our sneezing reflex. That way, only very strong stimuli can wake one to sneeze.

Tomato ketchup was used as medicine for 16 years

Whether you love it or hate it, this condiment once had a place in the world beyond hotdogs. However, you'd be surprised to know that ketchup only had tomatoes in it starting 1834. Before, ketchup was made with a mix of fish and mushrooms. When Dr. John Cooke Bennet added tomatoes to the mix, he claimed that the antioxidants gave it a medicinal property. He had a pill salesman turn his tomato ketchup into pills and claimed it could treat diarrhea, indigestion, jaundice, and rheumatism.

February used to be the last month of the year

We may know January and February as the first two months of the year, but these months were actually the last couple of months added to the Gregorian calendar. Before, the Roman calendar only

recognized 10 months. However, the winter period was measured in these two months – making February the last month of the calendar. This is also why February has the shortest number of days in a month.



Source: facts.net

Breast Cancer Awareness Month

Submitted by Kathie Woodruff, GAEOP Secretary



As a survivor of breast cancer twice and with a family history, I encourage everyone to take this information very seriously... it may save your life!

A worldwide annual campaign takes place each October, involving thousands of organizations, to highlight the importance of breast awareness, education, and research.

Know the signs and symptoms of breast cancer

Everyone's breasts are different, and your breasts can change with age and at different times of the month. It's important to get to know how your breasts normally look and feel so it will be easier to detect if there are any unusual changes for you. If you do spot any unusual changes to your breasts, you should get them checked out by your doctor. Finding out about breast cancer signs and symptoms can help you understand what breast changes to look for. *Wearitpink.org*

What Causes Breast Cancer Growth?

There is much we know and much we have yet to understand; however, we do know that cancer spreads in three important ways:

- Damaged cells replicate, creating more damaged cells and tumor growth.
- Our body's hormones and chemicals can accelerate the growth of some tumors.
- Lymph and blood vessels can carry the cancer to others areas of the body, and lymph node examination can help pinpoint the progression of the disease.

The National Breast Cancer Association provides grants for free breast screening and diagnostic services to those in need (low-income/ uninsured/underinsured). These facilities have the systems and partnerships in place to ensure access to treatment for patients who are diagnosed. *Nationalbreastcancer.org*

Welcome Office Professionals

Submitted by Julianne Hamblin, CEOE, GAEOP President Elect

Tamara Bardsley Whitney Garcia Marissa Gallegos Ann Gordon April Smith Evergreen Jr. Counseling Secretary Granite Peaks Coordinator Human Resources Sub Secretary Human Resources Admin Secretary Cottonwood High Asst. Bookkeeper

Have you recently started a new position, or do you know someone who has? Send information to Julianne Hamblin, jihamblin@graniteschools.org.



Tried & True Recipe

Submitted by Andrea Ingleby, Valley Crest Elementary

Pumpkin Bars with Cream Cheese Frosting

Ingredients:

2 cups Bisquick

- 1 cup Granulated Sugar
- ½ cup Oil
- 2 tsp. Ground cinnamon 1 tsp. baking soda
- 4 eggs, beaten
 - (1E ounce) can conned n
- 1 (15 ounce) can canned pumpkin (Not pumpkin pie mix)

Frosting:

- 3 ounces cream cheese, softened 1/3 cup butter, softened 1 tbsp. milk 1 tsp. vanilla
- 2 cups powdered sugar

Beat cream cheese, butter, milk and vanilla in a medium bowl until smooth and no lumps. Gradually beat in powdered sugar until smooth.

Heat oven to 350 degrees. Grease jelly roll pan. Beat all ingredients for 30 seconds, scraping bowl frequently. Bake 25-30 minutes or until toothpick inserted comes out clean. Cool completely, about 2 hours. Frost with cream cheese frosting.

For bars, cut into 8 rows by 6 rows. Store in the refrigerator or cover tight.



Tips and Tricks - No Contact Student Check Out

Submitted by Jessica Inman, Pleasant Green Elementary - Newsletter committee



No Contact Check Out

Complete the form online and present your ID to office staff



https://bit.ly/3lhCGN5

At Pleasant Green Elementary we have implemented a NO CONTACT Student Check-Out system.

We have posted these signs on our outside doors, office windows, and also on our 30minute parking stalls out in the parking lot. These signs were also sent out to families via email, DOJO, and can be found on our website.

Parents have been instructed to check out their students in one of four ways:

Call Ahead - With this option they can fill out the checkout form online by following the QR code or bit.ly link provided in the photo and call in to let us know they are on their way. We will verify that the form response was received and get their student/s ready to leave. The parent will then pull into our loading zone when they arrive and call to let us know they are here. A staff member will escort the student/s to the car and verify identification prior to releasing the student/s.

Park & Wait - With this option they can fill out the checkout form online by following the QR code or bit.ly link posted on our designated parking stalls and call in to let us know they

are in the park and wait zone. We will verify that the form response was received and get their student/s ready to leave. A staff member will escort the student/s to the car and verify identification prior to releasing the student/s.

In Lobby - Parents who choose to come into the building are still required to fill out the online form from their phone by scanning the QR code or following the bit.ly link on the signs posted on our doors and windows. If they do not have a cell phone, a Chromebook will be provided for them to complete this process. Upon completion of the form and ID verification we ask parents to wait in the lobby outside the office or out in their car until the student is ready.

Isolation Room Pick Up Location - If a student becomes ill and is taken into the isolation room, we have designated a separate exit door for these students. Parents are advised to go straight to the isolation room pick-up doors and complete the online form. We are working on getting a doorbell installed that will ring into the Isolation Room once parents arrive, but until then parents are advised to call upon arrival. We verify form response has been received and the personnel with the students in isolation will verify ID at that location prior to releasing the student.

If you are interested in implementing this at your school, please contact me at <u>jminman@graniteschools.org</u>. I would be happy to share our check out form with you. You will need to create your own bit.ly link and QR code by going to bitly.com and sign up for a free account.

GCPS/PSP Certifications

Submitted by Gayna Breeze, CEOE, GAEOP GCOP/PSP Chairman

Congratulations to the Office Professionals who have earned a certificate since May 2020.

Chelsey Montez Human Resources Bachelor's 5/22/2020 **Trinda Burdett** Educational Technology Entry 6/26/2020 **Jeremiah Bott** Bates Foods Advanced III/GCOP 8/2/2020 **Allyson Lesuma** YESS Program Bachelor's 9/2/2020

For more information about how you can earn extra money, and acquire the form to apply, visit our GAEOP website, <u>gaeop.weebly.com</u>, under the PSP/GCOP tab.

Going the Extra Mile "GEM" Award

Submitted by Gayna Breeze, CEOE, GAEOP Administrative Rep

Congratulations Ann Jones - YESS Program October Recipient



Ann not only goes the extra mile in a professional setting by making herself available at all times of the day and night with her wisdom, support, willingness to assist in

problem solving, and expertise, she also makes herself available in a friend-to-friend way. She is available for emotions and circumstances that are of a personal nature. That's what a team leader does!

She sees the human behind every scenario our team encounters, not as a problem to be solved or a circumstance to be resolved, but as a life we can influence and make better. Her instincts are not necessarily learned through years of experience and training, they are deeply rooted in who she is as a person and it's obvious that caring about her fellow man is natural to her. The way she talks to students is respectful, kind, and empathetic, but firm when needed. Our team is better because we observe her skills and implement them. She keeps us organized, never drops the ball on important enrollment paperwork, and is timely in meeting deadlines. One of the many specific incidents that comes to mind is when a member of our team was distraught over new electronic changes for our position and was voicing her frustration in a team training. Ann first loved her as a valuable member of our team, she verbalized confidence in her ability to learn the new system, and she gave her the right amount of space while at the same time communicating with her to encourage her. This sounds like a simple and subtle thing that anyone would do, but Ann is able to be sincere and it is a masterful thing to witness. There is often a feeling by employees that if you don't like something or voice discontent "you can be replaced." Ann makes everyone feel valued and by creating confidence in those around her, employees perform to the highest level possible, they are more loyal, and the camaraderie created as a result of being valued cultivates friendships as well as a happy and productive environment for the YESS department.

Nominated by: Kim Domacilio, Ceciley Herod and Heather Noorda

Granite District Benefits Fairs

Submitted by Teresa Himmelberger, CEOE, Newsletter Editor



Kudos Corner

Submitted by Jackie Hale, "Going the Extra Mile" Co-Chairman

The following office professionals were nominated for the "Going the Extra Mile" award this month. We have so many dedicated and hard working people in our district. Thank you for the many ways you go the extra mile every day.

October Nominees:

- Marcia Cannon Jami Donio Teresa Evans Leasa Foust Victoria Hardcastle Ann Jones Lindsey Larsen Kim Lovato Kacie Pfeil Jo Potter Ann Shields
- Hillsdale Elementary Eisenhower Jr. Cottonwood High Hunter High Accounting YESS Special Education Skyline High Cottonwood High Budget Development Matheson Jr.

A committee of nine individuals is given the nominations and then scores based on the merit of the nomination, not who the nomination is about. Congratulations on your nomination. Keep up the good work!

Benefits of GAEOP Membership

GAEOP is a voice for office professionals within the district. WITHOUT MEMBERSHIP-THERE IS NO ASSOCIATION. GAEOP provides...



* An advisory committee is established by the President. Meetings are held to advocate for office professionals

*Members of the GAEOP Board also meet with administration during Meet and Confer

*Quarterly training and in-service opportunities. Attending these helps you learn new skills and earn your PSP/GCPS certification. that equals more \$\$ for you

*"The LINK" monthly newsletter

*Opportunities to network with other secretaries to create support systems and friendships

*You are recognized with a small gift on your birthday and Administrative Professionals Week

*Professional Development Day planned for all office professionals

Renewing or joining is easy! For an annual fee of \$ 15.00, Contract employees will have an auto deduct each renewal year, Hourly employees will need to provide a check or cash each year.

To sign up, renew, or ask a question - email Brooke Obray, Membership Chairman, at <u>baobray@graniteschools.org.</u>

Yes! Please sign me up to be a member of GAEOP for the 2020-21 school year. My method of payment is...

Payroll deduction (\$ 15.00 annually – contract employees only)

____ Check enclosed #_____ Cash _____

My birthday (month and day) _____ Employee # _____ (for payroll deduction)

Name_

Location_

New Member_____ or Renew _____

You may interoffice the tear-away section to Brooke Obray at District Office School Boundaries or Teresa Himmelberger in Payroll, with a check or cash included.

Dates & Deadlines

October 1-31, 2020	Breast Cancer Awareness Month
October 5-20, 2020	GSD Benefits Open Enrollment
October 12, 2020	Columbus Day
October 16, 2020	Boss's Day
October 20, 2020	The LINK articles due for November
October 23, 2020	GAEOP Online PD classes/SNAD Day
October 31, 2020	Halloween - Full and Blue Moon
November 3, 2020	US General Election Day
November 20, 2020	The LINK articles due for December
November 25-27, 2020	Thanksgiving Recess
December 15, 2020	The LINK articles due for January
January 15, 2021	GAEOP Online PD Classes
June 10, 2021	GAEOP Professional Development Day
July 13-16, 2021	NAEOP Annual Conference, Pittsburgh, I

Our Ripples

Submitted by Celeste Bauer, GAEOP Sr. High Representative

"I discovered I always have choices and sometimes it's only a choice of attitude"

-Judith M Knowlton

National Fun Days and GAEOP Member Birthdays

What fun day falls on your birthday?

October	8 American Touch Tag Day	17 Sweetest Day	25 World Pasta Day
1 International Coffee Day	Tamara Gibb Lincoln Elementary	Marcinda Mohr Architecture & Engineering	Dawn Binyon Valley Jr.
2 World Smile Day	Lindsay Koehler Human Resources	18 Chocolate Cupcake Day	Wendy Cochran Eisenhower Jr.
3 Card Making Day	Samantha Simister Gourley Elementary	Cherilyn Bramall Jackling Elementary	26 Howl at the Moon Day and Night
Dorothy Ann Astin Prevention & Student Placement	9 Curious Events Day	Yvonne Garcia Granite Peaks	Alicia Sekiller Architecture & Engineering
Brenda Harris Redwood Elementary	10 Handbag Day Jackie Hale	19 Evaluate Your Life Day	27 National Tell A Story Day
4 Taco Day	Oakridge Elementary	Kim Lovato	28 International Animation Day
5 Do Something Nice Day Carol Berlin	11 It's My Party Day	Skyline High Amy Torres	29 National Frankenstein Day
Student Learning & Support	12 Old Farmers Day	Kearns Jr.	30 Candy Corn Day
Judy Godoy Kennedy Jr.	13 International Skeptics Day	20 International Chefs Day	31 Carve a Pumpkin Day
6 Mad Hatter Day	Brooke Obray Planning and Boundaries	21 Pumpkin Cheesecake Day	Jane Bracken
Ann Jones YESS	14 Take Your Parents to Lunch Day	22 National Nut Day	College & Career Readiness Maria Carmen Guevara
7 Frappe' Day	Cheryl Boynton	23 TV Talk Show Host Day	West Lake STEM
Jacki Brunson Preschool Services	West Lake STEM 15 I Love Lucy Day	Julianne Hamblin Fox Hills Elementary	Happy
Sharon Clark Bennion Jr.	Leslie Frank Bates Foods	24 Make A Difference Day	the all
-	16 Dictionary Day	Karin Cooper Skyline High	Happy Birthuay
	Leanne Helbling Crestview Elementary	Kim Dixon Accounting	€ An Anna Anna Anna Anna Anna Anna Anna

In-service Opportunities

Submitted by Kathie Woodruff, Professional Development Chairman

GAEOP has put together our first of the year, GAEOP Professional Development classes, Friday, October 23 from 8:45-11:00 am and 12:30-2:45 pm. These will be provided by our fabulous Educational Technology Team.

Teresa Bruin - Adobe Spark Cherie Anderson - Forms in Google and Microsoft 365 Jenny Peirce - Sway Heidi Meenan - Teams basics

These classes will be virtual, and will be available for one week. More details will be coming October 5. Mark your calendars now for a great opportunity of learning. We hope to see you there!



Next Article Deadline: October 20th

"The Link" is published 10 times per year for approximately 500 secretaries of Granite School District. Contributing materials are welcome and should be sent to the editor via email:

Teresa Himmelberger Payroll Office (385) 646-4311 thimmelberger@graniteschools.org

Jessica Inman Newsletter Committee Pleasant Green Elementary jminman@graniteschools.org

We reserve the right to accept, edit, or reject any material submitted. The deadline for contributing materials is the 20th of each month. GAEOP is affiliated with NAEOP National Association of Educational Office Professionals



"Bloom Where You Are Planted"



Visit Our Website

Granite School District 2500 S State Street

2020-2021 GAEOP Board Members

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Treasurer *Sheyla Holt* Bates Food Services Center 385-646-4105 <u>sholt2@graniteschools.org</u>

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Part Time Representative Carol Seastrand Skyline High 385-646-5420 cseastrand@graniteschools.org

2020-2021 Advisory Committee

Don Adams - Assistant Superintendent, Support Services Ben Horsley - Communications Patrick Flanagan - Human Resources Donnette McNeill-Waters - Human Resources Garrett Muse - School Leadership & Improvement Natalie Hansen - School Leadership & Improvement Teresa Himmelberger, CEOE, GAEOP President Julianne Hamblin, CEOE, GAEOP President Elect Kathie Woodruff, GAEOP Secretary Carol Berlin, GAEOP Executive Representative Celeste Bauer, GAEOP High School Representative Kelly Franz, GAEOP Elementary Representative

The advisory committee meets several times a year to discuss issues concerning the Granite School District office professionals.