

<u>Mission Statement</u>

The purpose of the Granite Association of Educational Office Professionals shall be to provide opportunities for personal and professional growth, leadership, service, networking and recognition to all educational office professionals.

GAEOP is an affiliate of the National Association of Educational Office Professionals.





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This month we celebrate Administrative Office Professionals April 22-26.

In 1952, three individuals: Mary Barrett, President of

National Secretaries Association, C. King Woodbridge, President of Dictaphone Corporation, and Harry Klemfuss, Public Relations Executive, originated the idea for the National Secretaries Week to recognize and show appreciation to secretaries' skills, loyalty and efficiency. There are more than 22 million administrative and office support professionals working in the United States today.

Administrative professionals manage a lot - time, teams, tasks, executives, projects...the list goes on. But how are you doing when it comes to managing your professional development? It is easy to get caught up in the chaos of managing everyone and everything else and forget about your own professional well-being.

- Declutter thoughts and feelings. Jot down some things that may have been bugging you lately and decide which ones you can toss out and which ones you should attend to.
- Create some new habits that can increase your productivity and help you enjoy life just a little bit more.
- It's important to stretch our muscles each day, so wouldn't it be equally important to stretch our talents beyond our comfort zone? Take on a challenging new project and see how much you can grow from stretching.

All Things Admin is a great resource to help you when your time is valuable. This site offers many courses all from the

Teresa's Tidbits

GAEOP President's Message

comfort of your own computer. Check out <u>www.allthingsadmin.com</u>.

Soon you will be receiving a Google Doc for registration to the annual GAEOP Professional Development Day. This will be the perfect opportunity to attend a full day of instruction, network with your fellow office professionals and enjoy a great Keynote Speaker, Georgette Council, CEOE. Georgette is the NAEOP Administrative Council Chairman, and will speak about "Stepping into Your Purpose."

Other classes will be offered such as, "Don't Forget Your PB&J (Professional Behaviors on the Job), Suicide Prevention and Awareness, Generationally Speaking, De-escalation Techniques and more. For those that are new to the district, this day is free of charge to all Granite office professionals. In addition to the classes, the day includes a light breakfast, lunch, prize giveaways, a chance to win a basket of goodies and to participate in a very important fundraiser (more details to come).

I hope to see you at Skyline High School, Thursday, May 30th 7:00 am to 4:00 pm.

Thank you for all you do every day. Granite Office Professionals are the best.

Teresa Himmelberger, CEOE GAEOP President



Thank you for your hard work!

In The Spotlight - Beehive Elementary

submitted by Diane Roberts, Membership Chair

Virginia Glaittli



Hello! My name is Virginia Glaittli. I have worked as the Principal Secretary at Beehive Elementary for twenty plus years. I started as a volunteer, assisted in the office, substituted, worked as the lunch clerk and was outside as a playground aide. I have two beautiful daughters and one son-in-law. I am a grandmother to two great dogs and

four sweet cats, plus one cat still at home. I spend my weekends riding to Wendover as a hostess for LeBus. I have worked for LeBus for four years now and LOVE every moment of it. In my (very limited) free time, I like to garden, take naps with my cat, and spend time with my family and friends. I love working both of my jobs as I get to work with some of the best students, fantastic parents, great teachers and staff, and some speedy bus drivers and wonderful new friends I make each week-end.

Megan Shipley



Hi! I'm Megan Shipley and I work as the Attendance Secretary at Beehive Elementary. I have only worked in the office for seven months, but I have quickly come to love the students and staff here. I have great respect for the teachers, administrators and everyone here who works so hard to give our students a good education. They are

super heroes in my eyes! When I'm not working here at Beehive, I am doing my other full-time job of raising four children and a husband. I certainly have my hands full, but I like to say I would rather have them full than empty! I love to watch movies, read mystery books, go camping and play with my cute little dog. I love our students and I love my job!

April "Going the Extra Mile" Recipient

submitted by Laura Purrington, "Going the Extra Mile" Chair

Carrie DiVall, Armstrong Academy



(I-r) Matthew Goebel (principal), Carrie DiVall, Aleshia Stutz

"Carrie brings such positive energy to the office. She jumps in with both feet on any project or task. She is always willing to find an answer or ask a questions when she' not sure of how to handle something. Being our attendance clerk, she has coordinated with our social worker and started a new incentive program that they have dubbed, Stellar Attendance. She contacted other schools about similar programs they have and worked things out to fit for Armstrong. Carrie picked out prizes and created a spreadsheet to track the progress for each class. Our student body is excited to earn class prizes and the teachers are appreciative of the effort Carrie has put into getting their students to take being on time and not missing school seriously."

~Aleshia Stutz

An email requesting nominations is sent out at the beginning of each month. The email includes a link to a Google form to fill out the nomination. Each month, an office professional will be recognized for "Going the Extra Mile" in the work that they do. Take the opportunity to nominate a deserving individual. Some examples may include: providing the highest quality of service, contributing to a positive work place, providing a professional quality of work, being a team player, demonstrating initiative and treating others with warmth, courtesy and respect. If you have any questions or want to nominate someone, please contact Laura Purrington at Kearns High School.

GCOP/PSP Certificate Holders

submitted by Gayna Breeze, PSP Chair

Congratulations to these office professionals who have invested in themselves by earning a Granite Certified Office Professional (GCOP) or NAEOP Professional Standards Program (PSP) Certificate. We are happy to recognize your dedication to excellence and your commitment to professional growth. Earning PSP and GCOP certifications helps you stay current with changes in the profession and also helps increase your paychecks. For information about the stipend the Granite School District offers to office professionals who earn these professional certificates, please visit the GAEOP website, <u>gaeop.weebly.com</u>, or see the <u>Memorandum of Understanding</u> Between GSD Board of Education and GAEOP.



Entry Level Certificates

Dorothy Astin Prevention & Student Placement

> Kathy Bailey Talent & Development

Lisa Boman Millcreek Elementary

Cheryl Boynton West Lake STEM Jr. High

> Ruth Brown Bennion Jr. High

Marcia Cannon Hillside Elementary

Sharon Clark Bennion Jr. High

Kimberlie Dixon Accounting

Lynne Graff Whittier Elementary

Nancy Heckenliable Kearns High

Toni Ipson Western Hills Elementary

> Karen Manning Skyline High

Lynette Mayhew Maintenance

Diana Miller Taylorsville Elementary

> Jolene Nelson Cyprus High

Debbie Paul Taylorsville High Tammy Pearce Taylorsville High

Diana Pennington Support Services

Jill Rasmussen Lake Ridge Elementary

Michelle Raymond Kearns Jr. High

Leesa Rij Moss Elementary

Diane Roberts Bridger Elementary

Stephanie Rodriquez *Pleasant Green Elementary*

> **Tanya Sargent** Driggs Elementary

Richelle White Payroll

Darla Williams *Communications*

Intermediate Level Certificates

Debbie Allen Prevention & Student Placement

> Christy Anderson YESS Program

Samantha Basham School Accountability

Heather Bankhead Hunter Jr. High

> Dawn Binyon Valley Jr. High

Jeri Lynn Bliss Jackling Elementary

Sally Breinholt Granite Technical Institute

> Kris Carlson Cyprus High

Larene Carlson William Penn Elementary Emily Cebrowski Transportation

Beverly Fairclough *Monroe Elementary*

Maria Guevara West Lake STEM Jr. High

> Jodi Halaeua Human Resources

Jessica Ibarra Taylorsville High

Christine Margetts *Rosecrest Elementary*

Cindy McCleve Matheson Jr. High

Tina Nielsen School Accountability

> Vanessa Park Accounting

Susan Peterson Matheson Jr. High

Luann Simonsen Fremont Elementary

> **Bonese Snarr** Wasatch Jr. High

Jennifer Vargo Kennedy Jr. High

Margé Weiss Special Education

Kathie Woodruff Jefferson Jr. High

Erin Wright Teaching and Learning

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May today's success be the beginning of tomorrow's achievements.



GCOP/PSP Certificate Holders

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Associates Degree Level

Danielle Kitchen School Services

Advanced I Level Certificates

Dawnette Dial Granite Park Jr. High

Judy Godoy Kennedy Jr. High

Susan Law Elk Run Elementary

Nina Lemon Taylorsville High

Stephanie Maarse Human Resources

Julene Maddocks Preschool Services

Catherine Middlemiss YESS Program

Milena Pehar Lincoln Elementary

Kathy Roos Granite Technical Institute

> Shauna Ross Special Education

Mindy Scherzinger Research & Evaluation

> Kennie Schlappi Transportation

GayLawn Starnes Human Resources

Jana Varney Taylorsville High

Advanced II Level Certificates

Juliene Christensen Valley Jr. High

Wendy Cochran Eisenhower Jr. High

Teresa Evans *Cottonwood High*

JaNan Himmer Monroe Elementary **Deann Jensen** Bennion Jr. High

Jamey Pease Wright Elementary

Angela Pester Jefferson Jr. High

Stephanie Rees Diamond Ridge Elementary

> Irene Schiers Hunter High

Lafo Tonga Purchasing

Paula Winn Accounting

GCOP (Advanced III) Level Certificate

Lorna Allen West Kearns Elementary

> **Liliana Arias** Granger High

Shirley Ayrton Curriculum & Instruction

Carol Berlin Teaching and Learning

Karen Bowden West Lake STEM Jr. High

> **Stacy Bushell** *Cottonwood High*

Jodi Crandall Maintenance

Sandra Crosby Curriculum & Instruction

> Sandy Cummings Warehouse

Marguerita Davilla-Telck Olympus Jr. High

> **Rose Elkins** Purchasing



Marilee Evans Human Resources

Michelle Foster Granger High

Lyndsay Fraser CTE

Virginia Glaittli Beehive Elementary

> Jean Gorringe Granite Peaks

Jaquelin Hale Oakridge Elementary

Leanne Helbling Crestview

Teresa Hughes Calvin Smith

> Julye Jex CTE

Jennifer Justesen Skyline High

Debra Larsen Oakwood

Leisl Leystra Bennion Elementary

Linda Liebmann Transition Services

Bonnie Linder Hunter [r

Colleen Lynch Benefits

Jeri Maples Kearns High

Trinidee Marchant Granite Peaks

> Stefanie Meier Woodstock

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GCOP/PSP Certificate Holders

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<u>GCOP (Advanced III) Level</u> <u>Certificate (continued)</u>

Rachael Morton Olympus High

Debbie Okelberry Granger High

Danette Ontiveros Olympus High

Kari Parry Taylorsville High

Andrea Petty Granger High

> Vicki Platt Orchard

Traci Pritchett Information Systems

Laura Purrington Kearns High

Sandra Riches Title I

Carol Seastrand *Taylorsville High*

> Julie Shorts Kearns High

Shirlene Teigen Hunter Jr. High

Marie Tomlinson Bacchus

> Amy Torres Kearns Jr.High

Monica Tovar Taylorsville High

Susan White Magna

Courtney Williams Wasatch Jr. HIgh

> Erin Winkler Kearns High

Janice Wirthlin Evergreen Jr. High

Natalie Yates Bonneville Jr. High



Advanced III, CEOE Level Certificates

Joni Garrett Eisenhower Jr. High

Teresa Himmelberger Payroll

> Jana Klein Title I

Mary Meyers Spring Lane Elementary

> Jo Potter Budget Office

Darla Tolman Prevention & Student Placement

Bachelor's Degree Level Certificates

Lezlie Anderson Taylorsville Elementary

> Sandra Brunson Accounting

Lesa Campbell Maintenance

Alyssa Carraway Educational Technology

> Sharon Chaus Hunter High

Shawna Cluff Churchill Jr. High

Gail Dawson Curriculum & Instruction

Robyn Elmore Westbrook Elementary

Maren Erickson Bonneville Jr. High

Charity Flanagan Wasatch Jr. High

Kristen Fors Special Education

Kelly Franz Cottonwood Elementary

Kathy Goodfellow District Administration

> Kelly Gubler Skyline High

Jennifer Jackson Eisenhower Jr. High Jennifer Jentsch Granite Education Foundation

> Lindsay Koehler Human Resources

Melissa Maughan Cottonwood High

Marcinda Mohr Support Services

Carol Niebuhr YESS Program

Kim Ogden Olympus High

Stephanie Ostendorf Custodial Services

Oliana Pulou Academy Park Elementary

> **Tiffani Robison** Olympus High

Susan Seals Twin Peaks Elementary

Samantha Sinister Gourley Elementary

Aleshia Stutz Armstrong Academy

Bachelor's Degree, CEOE Level <u>Certificates</u>

Gayna Breeze Support Services

Julianne Hamblin Fox Hills Elementary

Master's Degree Level Certificate

Lindsey Larsen Roosevelt Elementary

Leadership and learning are indispensable to each other.

~John F. Kennedy

Tips & Tricks

submitted by Carol Seastrand, Part Time Employee Representative

Skills survival kit: How to Survive the day

Surviving the day as an executive assistant requires a specific set of skills. Fortunately for most, it isn't anything like what you see in *The Devil Wears Prada*, but it can be a bit overwhelming without knowing what is required. Here, in no particular order, are the top 5 skills/qualities required to survive the day as an executive assistant.

Mind your own business.

Okay, this sounds a tad harsh, but it's easy to remember. You will be privy to sensitive information, and you need to be able to keep it private. You may know about upcoming lay-offs, co-worker disagreements, or other sensitive internal management information. Treat this information as if you didn't hear it, and don't share it unless your executive tells you it is okay.

Problem solve.

You will manage everyday issues that arise due to the independent nature of your position. Because of this, you need to be able to take initiative to fix issues that arise. Learning and knowing your company's policies can help you to determine the best ways to solve the problems.

Communicate, and do it clearly.

As an executive assistant, your ability to communicate effectively is crucial to making it through the day. Your ability to communicate clearly will ensure that company tasks are properly taken care of, parties will be well planned, and travel arrangements will be correct. Clear written, verbal, and non-verbal skills can be developed, so if you don't quite have them yet, continue working at them to be successful.

Be dependable.

This is very important to making it through the day, and it's very simple. Be on time, be willing to adjust your schedule to make sure your team is attended to, and when you're at work focus on your work.

Manage your time.

Because you are often working on your own as an executive assistant, your ability to manage time will help you survive your day. Whether you keep an app on your phone, a calendar on your computer, or a physical planner, plan each day and try sticking to your plan as closely as possible. If you're managing your time, you'll be able to get everything done that you need to do.

~From Career Step - Online training solutions



Our Ripples

submitted by Leanne Helbling, Elementary East Representative



Dates & Deadlines:

Easter
Administrative Professionals Week
GSD Board Meeting
PSP Filing Date (NAEOP)
Last Day of School
GAEOP Professional Development Day
Skyline High School
NAEOP Annual Conference,
Boise, ID
NAEOP Annual Conference,
Salt Lake City, UT

Happy Birthday to You!

Happy Birthday to the following GAEOP Members:

LuAnn Schroeder - April 1 Kearns High School

Deanne Hampson - April 3 Eastwood Elementary

Lorna Allen - April 5 West Kearns Elementary

Cari Davis - April 5 Bates Foods

Marie Tomlinson - April 7 Bacchus Elementary

Debbie Allen - April 9 Prevention & Student Placement

Alyssa Carraway - April 10 Educational Technology

Keelee Powell - April 10 Orchard Elementary

Jami Donio - April 12 Eisenhower Jr. High

Kathy Bailey - April 13 Talent Development

Brittany Jolley - April 13 Cyprus High



Susan White - April 13 Cyprus High

Linda Rodriguez - April 15 Cottonwood High

Leslie George - April 16 Curriculum & Instruction

Christine Margetts - April 16 Rosecrest Elementary

Gaylawn Starnes - April 17 Human Resources **Teresa Hughes - April 18** Smith Elementary

Jennifer Justesen - April 20 Skyline High

Gayna Breeze - April 21 Planning & Boundaries

Beverly Fairclough - April 21 Monroe Elementary

> **Cassie Daley - April 22** *Hillside Elementary*

Amy Hendrickson - April 22 Special Education

Kimberly Gilbert - April 23 Olympus High

> Lafo Tonga - April 25 Purchasing

Kris Carlson - April 27 Cyprus High

Gail Dawson - April 30 Curriculum & Instruction

National Association ~ NAEOP



Conference outline and registration now available at <u>naeop.org</u>. Click on **Events**.

GAEOP Professional Development Day

"Always Stand Tall"

May 30, 2019

Skyline High School

Learn together from

- Keynote Speaker
- Classes
- Networking Sessions

Lunch Included Watch your email for details!

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Tried & True Recipe

Submitted by Michelle Raymond, Jr. High Representative

Easy Cheesy Loaded Cauliflower Casserole

I found this recipe on Facebook. It is so yummy and has become one of my favorites.

1 large head cauliflower, cut into small florets



- 2 tbsp butter, melted sea salt & black pepper, to taste
- $^{2}/_{3}$ cup sour cream
- 1/4 cup heavy cream
- 2 cloves garlic, minced
- 6 Tbsp bacon bits, cooked & divided
- $1 \frac{1}{2}$ cup cheddar cheese, shredded & divided ¹/₄ cup green onions, chopped & divided
- 1. Preheat the oven to 450 degrees F 2. In a large bowl, toss the cauliflower florets with butter. Season with sea salt and black pepper.
- Transfer the cauliflower to a small 1.5 quart casserole 3. dish in a single layer. (Line the pan unless it's glass or stoneware. If there's too much cauliflower to fit in a single layer, roast on a larger baking sheet instead.) Roast in the oven for 15-20 minutes, until crisp-tender.
- 4. Meanwhile, in the same bowl, whisk together the sour cream and heavy cream, until smooth. Stir in the minced garlic, half of the cheddar cheese, half of the bacon bits, and half of the green onions. If desired, season sauce with sea salt and black pepper. (Don't oversalt - it will get more salty as the cheese melts.)
- 5. When the cauliflower is done roasting, take it out and leave the oven on. Add the cauliflower to the bowl and mix with the sauce.
- 6. Return the cauliflower mixture to the casserole dish. Top with remaining cheese and bacon bits.
- 7. Bake for 5-10 minutes, until the cheese melts. Top with remaining green onions.



Scholarships

submitted by Gayna Breeze, Scholarship Chair

Helen P. Metos Scholarship ~ \$500



Eduardo Flores-Gonzalez, from Granger High School, with Teresa Himmelberger (l) and Gayna Breeze (r).

Believe & Achieve Scholarship ~ \$250



Gurinder Kaur, from Granger High School, with Gayna Breeze.



Siaosi Heimuli, from Taylorsville High School, with Gayna Breeze.

Our thoughts are with those who have lost loved ones or are recovering from illness. If you know of someone who has lost a loved one or is ill please contact Kathie Woodruff or Teresa Hímmelberger.

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"The Link" is published 10 times per year for approximately 500 secretaries of Granite School District. Contributing materials are welcome and should be sent to the editor via email:

Julianne Hamblin Fox Hills Elementary 385-646-4828 jihamblin@graniteschools.org

We reserve the right to accept, edit, or reject any material submitted. The deadline for contributing materials is the 20th of each month. GAEOP is affiliated with **NAEOP** National Association of Educational Office Professionals







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2018-2019 Advisory Committee

Don Adams - Assistant Superintendent, Support Services Ben Horsley - Communications Patrick Flanagan - Human Resources Donnette McNeill-Waters - Human Resources Garett Muse - School Accountability, Secondary Tina West - School Accountability, Elementary Teresa Himmelberger - GAEOP President, Payroll Office Julianne Hamblin - GAEOP Vice President, Fox Hills Elementary Kathie Woodruff - GAEOP Secretary, Jefferson Jr. High Diana Pennington - GAEOP Executive Representative, Support Services Diane Roberts - GAEOP Membership Chair, Bridger Elementary Laura Purrington - GAEOP Senior High Representative, Kearns High

The advisory committee meets several times a year to discuss issues concerning the Granite School District office professionals.